

September 23, 2022

Dear families of K- 6th grade students,

The School District of New Berlin believes that the family plays a crucial role in students' human growth and development education. The schools support both parents/guardians and children in their efforts to develop an understanding of personal safety, puberty, human sexuality, and the family. Because of this, we will have a human growth and development lesson each year, K-6. These lessons will be delivered by your classroom teacher with the exception of 5th grade. If you are a 5th grade parent, you will be getting a separate letter detailing the instruction and opt out procedures.

Kindergarten

Who is a stranger?
What are ways I can say no?

1st Grade

How do I respond to a touch that is unwanted?
Who are trusted adults?

2nd Grade

How do I describe steps to good hygiene?

3rd Grade

What secrets are not okay to keep? What do I do if there is something I need to share with a parent or teacher? There is a sensitive book read during this lesson.

4th Grade

What is puberty? What hygiene needs come from puberty?

5th Grade

What changes occur to my body during puberty? Boys and girls are separated for this lesson.

6th Grade

How can I respond to emotionally-charged situations? What happens to my brain when I am highly emotional?

All K-6 Learning Targets, Standards, and Lesson Plans can be reviewed at <http://goo.gl/6bkbj0>.

In accordance with Wisconsin State Law (118.019), students have the option, with parent permission, to be excluded from all or part of the program. Parents NOT wanting their child to participate in these lessons should contact their child's teacher before October 15 (by email or attached note so we have written documentation). *If we have not received documentation that you do not wish to have your child participate, then this is an indication that your child is participating in the instruction.*

Please do not hesitate to contact your child's teacher or building administrators with any questions. We encourage you to talk to your child about your family values and expectations as part of this instruction.

Sincerely,
Mr. Stempniewski
Mrs. Torosian

I wish to OPT OUT my child, _____, from the _____ grade human growth & development lesson. I do not want my child to participate in ANY or PART (circle one) of the instruction. For part, indicate which part they are to be excluded from instruction.

Signed _____ Date _____

The School District of New Berlin does not discriminate against individuals on the basis of age, sex, race, color, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation, or physical, mental, emotional, or learning disability. Federal law prohibits discrimination in education and employment on the basis of age, race, color, national origin, sex, religion, or disability. For more information, click here [\[http://www.nbexcellence.org/district/disclaimers.cfm#d314260\]](http://www.nbexcellence.org/district/disclaimers.cfm#d314260).